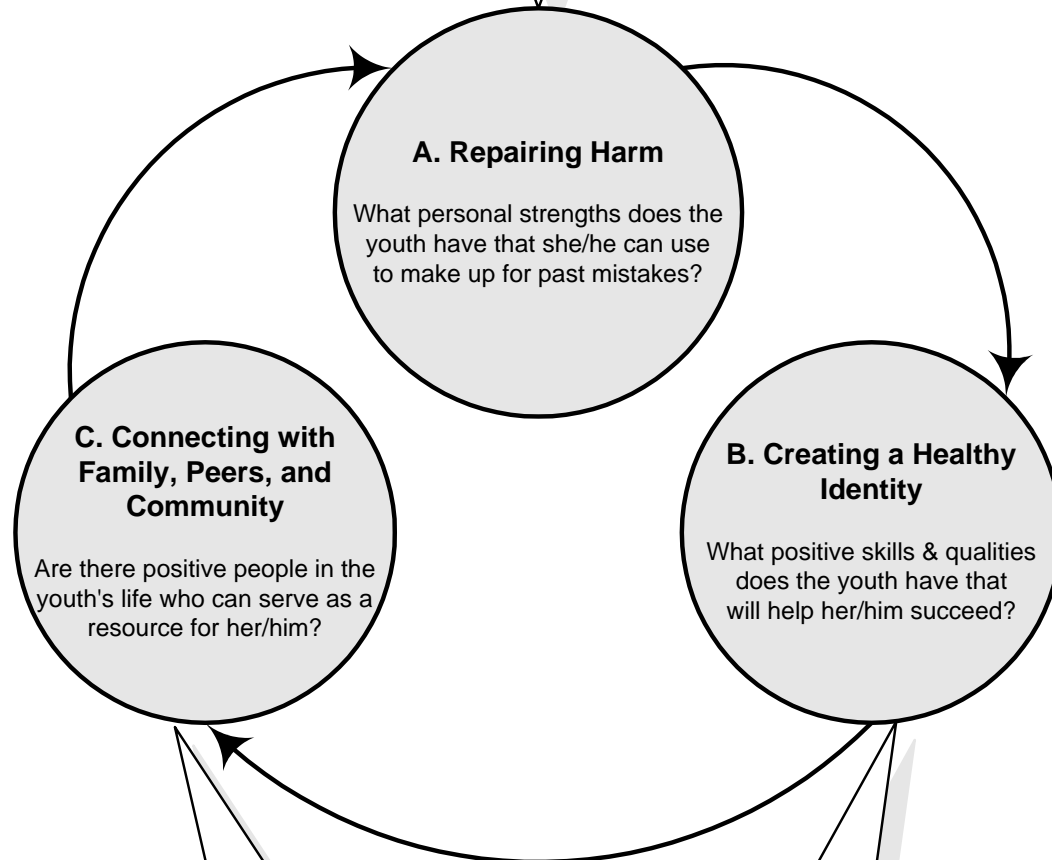


# Youth Competency Assessment (YCA) Model

**Sample questions:**

1. Where have you learned about how to decide right from wrong (e.g., parent, teacher)? What are some examples of what they taught you?
2. Think about what got you in trouble this last time. Who did it hurt? Is there anything you've already done to make up for your actions? What else could you do?
3. What could you do to show people that you'll make different decisions in the future? How would these choices benefit you?



**Sample questions:**

1. Who in your life helps you reach your goals or explore your interests? If there isn't someone, what are some ways we could help find someone?
2. Name some people that you respect or that you see doing things you like or appreciate (e.g., teacher, coach, musician, doctor, neighbor). What kinds of things do they do?
3. Tell me about a time when someone did something nice for you, or helped you out, or gave you something you needed. Why did the person do it?

**Sample questions:**

1. How do you like to spend your free time? Hobbies? Sports? Music/Movies? (These questions look for engagement in productive activities)
2. Are you going to school or working anywhere (or have you ever)? What types of things did you enjoy? What were you good at?
3. What types of skills do you have? (This area might need probing and you might need to provide some suggestions) [Follow up with ... How do you think these skills will help you in your life?]

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