





Types of skills

Health

Caring for Physically or developmentally disabled

Caring for Elderly

Caring for Mentally Ill

Caring for Sick

Bathing
Feeding
Preparing Special Diets
Exercising and Escorting
Grooming
Dressing
Making the Person Feel at ease
Playing Games

Maintenance

Window Washing

Floor Waxing or Mopping

Washing and Cleaning Carpets

Routing Clogged Drains

Caulking

Using Handtruck in a Business

General Household Cleaning

Fixing Leaky Faucets

Mowing Lawns

Planting and Caring for Gardens

Pruning Trees and Shrubbery

Cleaning/Maintaining Swimming Pools

Floor Sanding or Stripping

Wood Stripping/Refinishing

Music

Singing

Play an instrument

Composing

Critic/review

Child Care

Caring for Babies (under 1year)

Caring for Children (1-6)

Caring for Children (7-13)

Taking Children on fieldtrips

Food

Catering

Serving food to Preparing Meals for Clearing/Setting Tables for Washing Dishes for ...large numbers of people

Operating Food Preparation Equipment

Bartending

Meatcutting

Baking

Sales

Operating a Cash Register

Selling products

Selling Services

Ways you have sold services: e.g. phone, mail, internet, store, home

Office

Typing

Operating Adding Machine/ Calculator

Filing Alphabetically /Numerically

Taking Phone Messages

Writing Business Letters (not typing)

Receiving Phone orders

Operating Switchboard

Keeping track of Supplies

Shorthand or Speedwriting

Bookkeeping

Entering information into the computer

Wordprocessing

Construction and Repair

Painting

Porch Construction or Repair

Tearing Down Buildings

Knocking Out Walls

Wall Papering

Furniture Repairs

Tile Work

Repairing Locks

Building Garages

Bathroom Modernization

Buiding Room Additions

Bricklaying and Masonry

Installing Drywall and Taping

Plumbing Repairs

Electrical Repairs